



PÉCSI TUDOMÁNYEGYETEM  
ÁLTALÁNOS ORVOSTUDOMÁNYI KAR

LEANbody




Erasmus+

# Student support at UPMS according to WFME Standards

Laura Berta CSÍK  
Head of Student Services  
UPMS

June 20, 2023

# WFME Standards for Medical Education

WFME Standards trilogy: Areas 			
No.	Basic Medical Education	Postgraduate Medical Education	Continuing Professional Development
1.	Mission and Values	Mission and Values	Mission and Outcomes
2.	Curriculum	Curriculum	Learning Methods
3.	Assessment	Assessment	Planning and Documentation
4.	Students	Postgraduate Doctors	The Individual Doctor
5.	Academic Staff	Teachers and Clinical Supervisors	CPD Providers
6.	Educational Resources	Education and Training Resources	Educational Context and Resources
7.	Quality Assurance	Quality Improvement	Evaluation Methods and Competencies
8.	Governance and Administration	Governance and Administration	Organisation
9.	-		Continuous Renewal

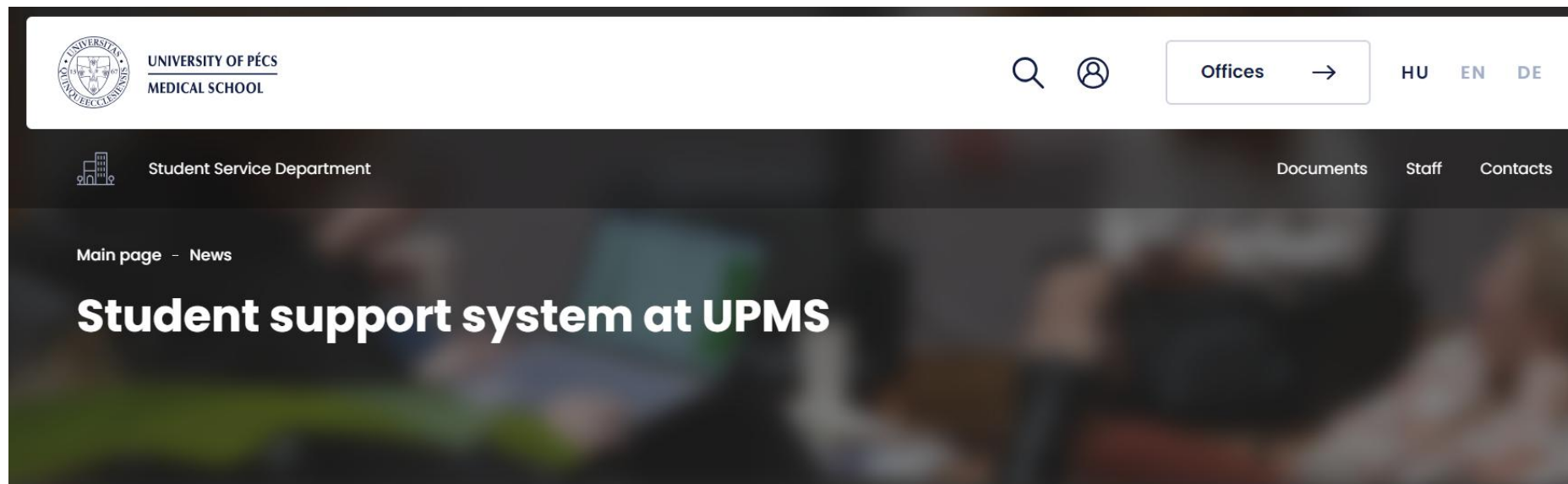
**Internet source:**

[WFME Standards - World Federation for Medical Education](https://wfme.org/standards/)

<https://wfme.org/standards/>



# Student Support System at UPMS



20 May 2022

The wellbeing of our students is highly important to our faculty, therefore we are trying to improve it in all possible ways (faculty infrastructure, development of education and services available on campus).



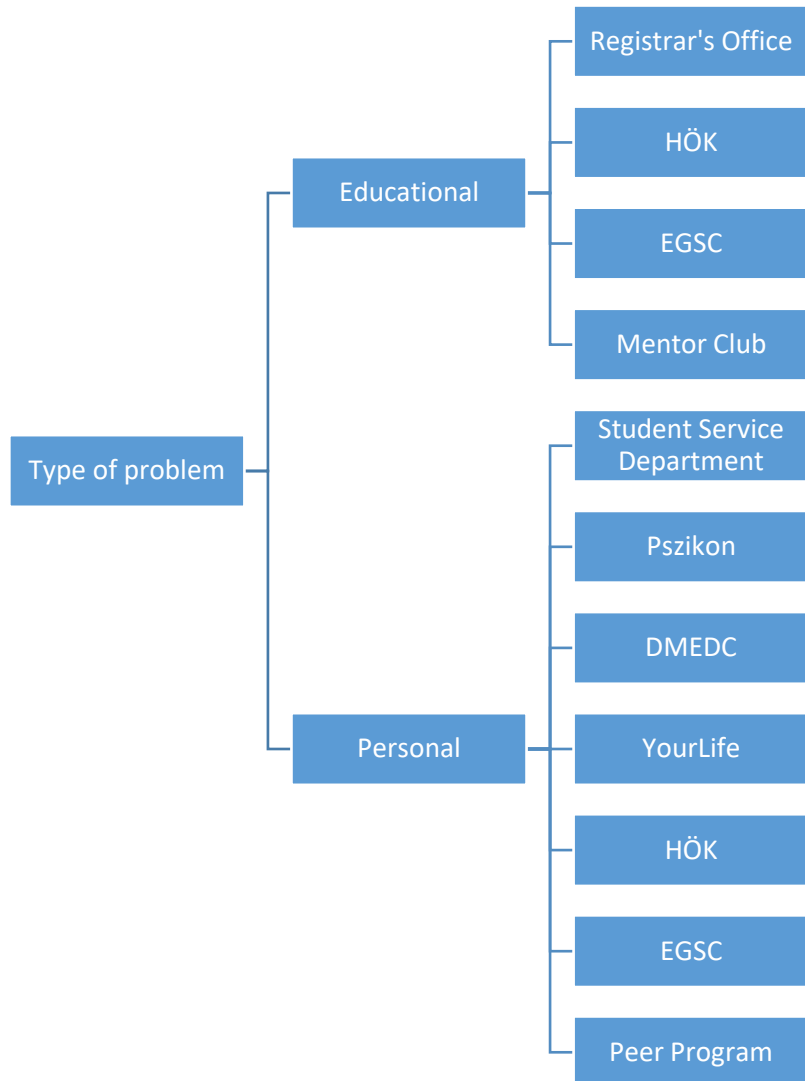
# Student Support System at UPMS

## Our Goal: Mental and Psysical Well-being of Students

- Student Service Department- student events and programmes
- Peer Program- student support system
- Financial Support: Dormitory Fee Subsidies
- Psychological Counselling
- Individual Coaching Services (YourLife and Division of Medical Education Development and Communication)
- Mentor Program
- Student Councils: HÖK and EGSC (English-German Student Council)
- Legal Clinic



# Student Support System at UPMS



The wellbeing of our students is highly important to our faculty, therefore we are trying to improve it in all possible ways (faculty infrastructure, development of education and services available on campus).

Within the PotePillars faculty strategic plan (<https://aok.pte.hu/potepillars-en>), the WellBeing concept puts high emphasis on operating and developing the student support system, that should allow us to be able to support students in all sorts of roadblocks and hardships; thereby providing a safety net for them, be it for personal or educational issues. Student hardships can be divided into two main areas:

- (1) problems connected to studies;
- (2) problems connected to university life, personal life and student life in Pécs.

# Student Support System at UPMS

Category/Problem	Who to turn to?	Contact
Abuse, relationship issues	Pszikon	<a href="https://pszikon.aok.pte.hu/en">https://pszikon.aok.pte.hu/en</a>
Immigration office	Admissions and Student Service Offices	<a href="https://aok.pte.hu/en/egyseg/1680">https://aok.pte.hu/en/egyseg/1680</a>
Health issues	Centre for Occupational Medicine	<a href="https://aok.pte.hu/university-gp">https://aok.pte.hu/university-gp</a>
	Admissions and Student Service Offices	<a href="https://aok.pte.hu/en/egyseg/1680">https://aok.pte.hu/en/egyseg/1680</a>
Personal physiotherapy	YourLife	<a href="https://yourlife.aok.pte.hu/en/">https://yourlife.aok.pte.hu/en/</a>
Life management, education problems	DMEDC – coaching	<a href="https://aok.pte.hu/en/egyseg/180/index/almenu/716">https://aok.pte.hu/en/egyseg/180/index/almenu/716</a>
	YourLife – Life Coaching	<a href="https://yourlife.aok.pte.hu/en/">https://yourlife.aok.pte.hu/en/</a>
	Peer Program	<a href="https://peer.aok.pte.hu/en">https://peer.aok.pte.hu/en</a>
Quitting smoking	YourLife	<a href="https://yourlife.aok.pte.hu/en/">https://yourlife.aok.pte.hu/en/</a>
Supporting students with disabilities	Support Services	<a href="https://aok.pte.hu/en/egyseg/680/szolgalatasok/121">https://aok.pte.hu/en/egyseg/680/szolgalatasok/121</a>
Questions and administration of student lockers	Admissions and Student Service Offices	<a href="https://aok.pte.hu/en/egyseg/1680">https://aok.pte.hu/en/egyseg/1680</a>
Student support (in any topic)	Peer Program	<a href="https://peer.aok.pte.hu/en">https://peer.aok.pte.hu/en</a>
Foreign environment	Peer Program	<a href="https://peer.aok.pte.hu/en">https://peer.aok.pte.hu/en</a>
Legal support	Legal Clinic	<a href="https://ajk.pte.hu/en/campus-legal-aid-clinic/about-us">https://ajk.pte.hu/en/campus-legal-aid-clinic/about-us</a>

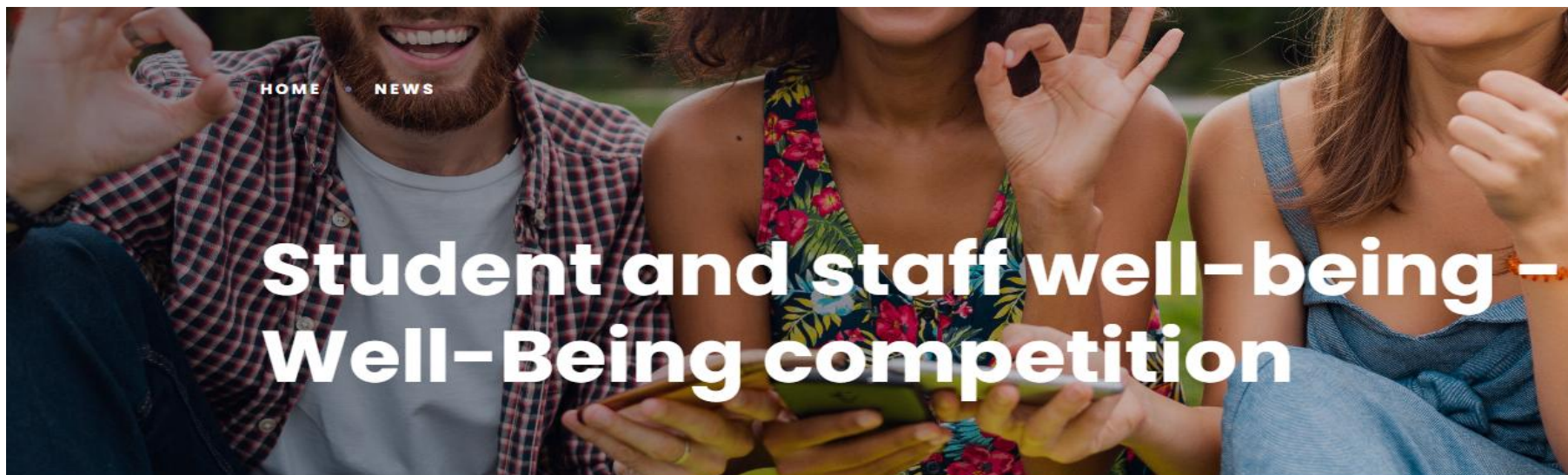


# Student Support System at UPMS

<b>Credit transfer</b>	<b>Registrar's Office</b>	<a href="https://aok.pte.hu/en/egyseg/570">https://aok.pte.hu/en/egyseg/570</a>
<b>Issues of international students (student advocacy, educational issues, acclimatisation and personal support, guidance)</b>	EGSC	<a href="http://egsc.aok.pte.hu/">http://egsc.aok.pte.hu/</a> <a href="https://www.facebook.com/pte.aok.egsc/">https://www.facebook.com/pte.aok.egsc/</a>
<b>Life in Pécs (best places, shopping)</b>	Peer Program	<a href="https://peer.aok.pte.hu/en">https://peer.aok.pte.hu/en</a>
<b>Preventative consultation (expert consultation)</b>	YourLife	<a href="https://yourlife.aok.pte.hu/en/">https://yourlife.aok.pte.hu/en/</a>
<b>Sports options, free time activities</b>	YourLife HÖK	<a href="https://yourlife.aok.pte.hu/en/">https://yourlife.aok.pte.hu/en/</a> <a href="https://www.facebook.com/pteaokhok/">https://www.facebook.com/pteaokhok/</a> <a href="https://aok.pte.hu/en/egyseg/680">https://aok.pte.hu/en/egyseg/680</a>
<b>Administration of studies</b>	Registrar's Office	<a href="https://aok.pte.hu/en/egyseg/570">https://aok.pte.hu/en/egyseg/570</a>
<b>Guidance in educational, advocacy and tender issues</b>	HÖK	<a href="https://www.facebook.com/pteaokhok/">https://www.facebook.com/pteaokhok/</a> <a href="https://aok.pte.hu/en/egyseg/680">https://aok.pte.hu/en/egyseg/680</a> <a href="https://aok.pte.hu/en/egyseg/680/munkatarsak">https://aok.pte.hu/en/egyseg/680/munkatarsak</a>
<b>Study problems, mentoring, tutoring, career coaching</b>	Mentor Club (under construction)	<a href="https://aok.pte.hu/en/egyseg/706">https://aok.pte.hu/en/egyseg/706</a>
<b>Nutrition counselling</b>	YourLife	<a href="https://yourlife.aok.pte.hu/en/">https://yourlife.aok.pte.hu/en/</a>
<b>Body composition evaluation</b>	YourLife	<a href="https://yourlife.aok.pte.hu/en/">https://yourlife.aok.pte.hu/en/</a>
<b>Scientific life</b>	Undergraduate Research Society	<a href="https://aok.pte.hu/en/egyseg/1700">https://aok.pte.hu/en/egyseg/1700</a>



# Well-Being projects



28 April 2023

**The University of Pécs Medical School under the Well-Being pillar of the PotePillars strategy calls for applications for the “Development and implementation of a community-centered idea to support student and staff well-being” in 2023, as well.**

Student and employee well-being play an important role in the life of an organization. The need for this is of paramount importance in a dynamically developing faculty. The Well-Being pillar provides opportunities for everyone to maintain physical, mental, and spiritual health and to strengthen the faculty’s immune system. We would like to give the citizens of the faculty more opportunities to shape this community together and thereby create space for community needs and ideas.





# UPMS Student Service Department



# Student Service Department

## Faculty support for personal (non-educational) issues

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### Student Service Department

Issues non-related to education are handled by the Student Service Department, acting as a connection between students and the leadership of the university or authorities (e.g. Immigration Office). Our goal is to find a solution to every student's problem as soon as possible. We help and support students in both administration and finding the correct platform to solve their problems as fast as possible – be that something relating to everyday life (professionals, handymen, rent problems), healthcare issues, mental health or official admin tasks.

The Hungarian, English and German Admissions and Student Service Offices are open in regular working hours for in-person consultation.

- **Hungarian Admissions and Student Service Office**
- **English Admissions and Student Service Office**
- **German Admissions and Student Service Office**



# Peer Program

Peer Program

[Application](#)

[About](#)

[Categories](#)

[Academic Year 2022/2023](#)

UNIVERSITY OF PÉCS  
MEDICAL SCHOOL

## Peer Program

*#medschoolpécs*  
*where your Peers help you*



# 44 Peers from all Study Programs

Peer Program

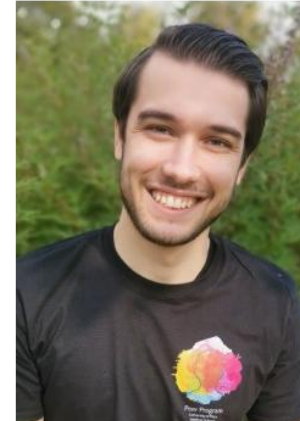
[Pályázat](#) [Rólunk](#) [Kategoriák](#) [Peerek 2022/2023-as tanév](#)



Edna Patrícia Pascoal  
Bartolomeu **Általános orvos**



Chaimae Nouasria  
**Biotechnológia**



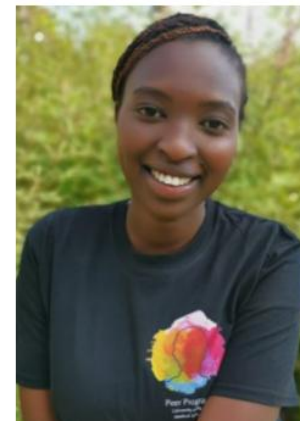
Daren Deutsch **Fogorvos**



Deák Anna **Általános orvos**



Dr. Filipónita Kristóf László



# Peer Program Support Categories



Study related  
administration guidance



Neptun issues



Scholarships



Social life



Leisure activities



Sports



Dormitory issues



Study related challenges



Life management  
matters



Life in Pécs (best places  
to go and shopping)



Practical solutions



Health issues



Mental health



Official matters (health)



Living far from home



For Freshmen



Addictions



Career orientation



Scientific life



Violence and problems  
in relationship



Rotational year issues



Passive semester



# Silent Room



21 October 2022

**A community space that supports meditation and religious practices, named Silent Room, has been created at UPMS, which is available to all students and can be used freely. The Silent room can be visited from the 24th of October.**

The idea of creating a Silent Room dates back to the summer of 2020. It was then that the Student Service Department received a request from the English-German Student Council (EGSC) that the faculty's international student community needed a quiet and secluded space that also supported religious practice, where they could pray, meditate or find a quiet moment. The initiative has now been realized and with the support of the Student Service Department, the EGSC project will start on a pilot basis.



# Student Parcel Point



## Conditions of using the service:

- Active student status at one of the English or German language programs at the University of Pécs Medical School, Faculty of Pharmacy or University of Pécs Medical School Doctoral Schools
- Paid orders, with full names (we cannot accept pay on delivery packages)
- The address has to contain "PTE ÁOK Parcel Point C/O"
- The parcel cannot contain perishables, fire hazards or prohibited products
- Maximum weight of parcels is 20 kg.
- The maximum size of packages cannot exceed 100 cm (height+width+depth)
- Packages can be taken from the Parcel Point after showing an ID with a photograph on it.



# Dormitory Fee Subsidies



The screenshot shows the website of Pécsi Tudományegyetem (PTE) Faculty of Medicine. The header is teal and contains the university logo, the name 'PÉCSI TUDOMÁNYEGYETEM ÁLTALÁNOS ORVOSTUDOMÁNYI KAR', a search icon, and buttons for 'ÁOK' and 'PTE'. Below the header is a navigation bar with icons for 'Hírek', 'Események', 'Fotók', and 'Videók'. The main content area features a large image of a modern building at dusk with the text 'Kollégiumi díjtámogatás 2023' overlaid. The text 'NYITÓLAP HÍREK' is visible in the top left of the main area.

PÉCSI TUDOMÁNYEGYETEM  
ÁLTALÁNOS ORVOSTUDOMÁNYI KAR

Felvételi

Hírek Események Fotók Videók

NYITÓLAP HÍREK

## Kollégiumi díjtámogatás 2023





# Advent and Spring Concerts



UNIVERSITY OF PÉCS  
MEDICAL SCHOOL  
FACULTY OF PHARMACY

12<sup>th</sup>  
*Advent  
concert*

30 NOVEMBER 2022  
7 P.M.  
UP MS, MAIN BUILDING  
AULA

The poster features a blue background with a snowy pine branch on the left and a warm bokeh light in the upper right. The text is in white, with the title in a large, elegant script font.



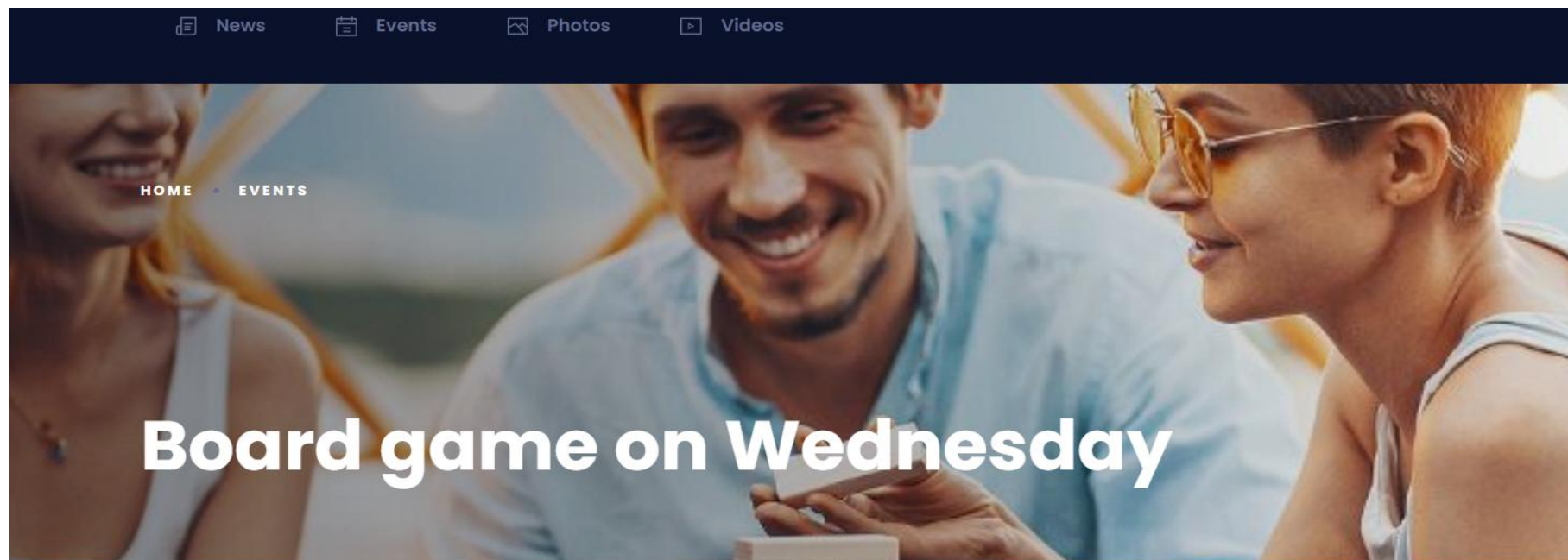
PÉCSI TUDOMÁNYEGYETEM  
ÁLTALÁNOS ORVOSTUDOMÁNYI KAR


PÉCSI TUDOMÁNYEGYETEM  
GYÓGYSZERÉSZTUDOMÁNYI KAR

*9. Tavaszi Koncert /  
9<sup>th</sup> Spring Concert*

The poster has a light blue background with white cherry blossoms. It includes two university logos at the top and the title in a large, elegant script font.

# Board Game Wednesday



 13 September 2023 16:00 - 20:00  UP MS

**More information and registration on the following link:**

[Board game on Wednesday](#)



# Mental and Physical Health



# Psychological Counselling- PSZIKON

<https://pszikon.aok.pte.hu/en>



HOME

COUNSELLING ONLINE ▾

COUNSELLING ▾

READ MORE ▾

CULTURE

hu | en | de | 



**PSYCHOLOGY COUNSELLING**  
Service for the Welfare of Students

UNIVERSITY OF PÉCS  
MEDICAL SCHOOL

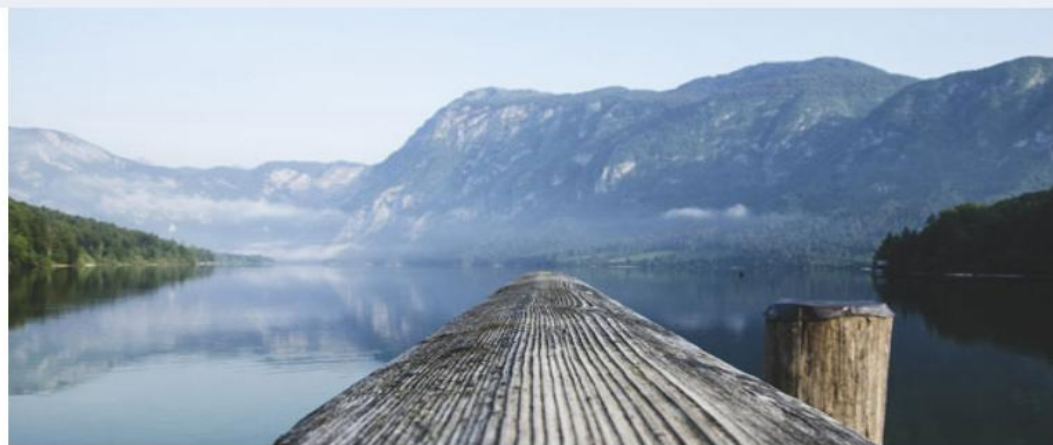


## PSYCHOLOGY COUNSELLING

Psychological support for solving difficulties occurring in everyday life.

Registration for appointment: [pszikon@aok.pte.hu](mailto:pszikon@aok.pte.hu)

[MORE >](#)



COUNSELLING ONLINE

Far away from home

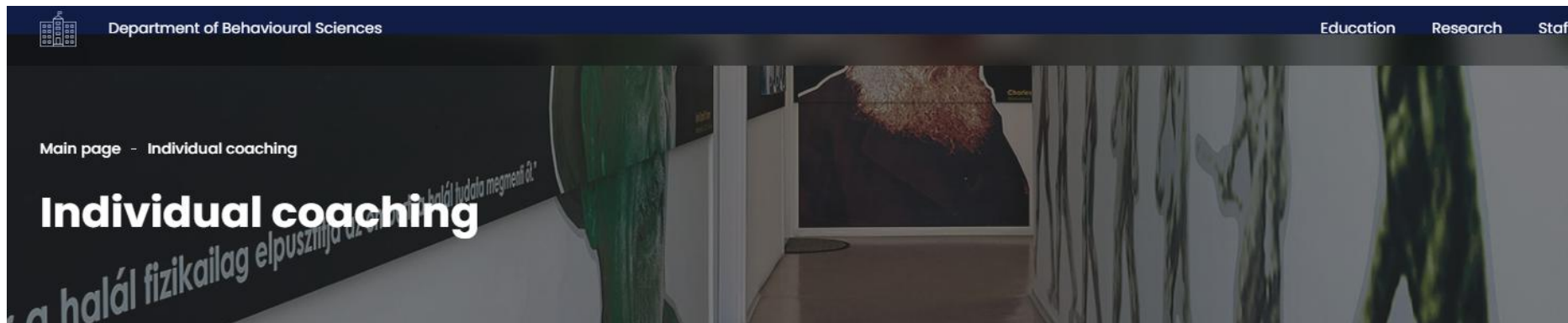
Adjustment may be stressful.

Culture

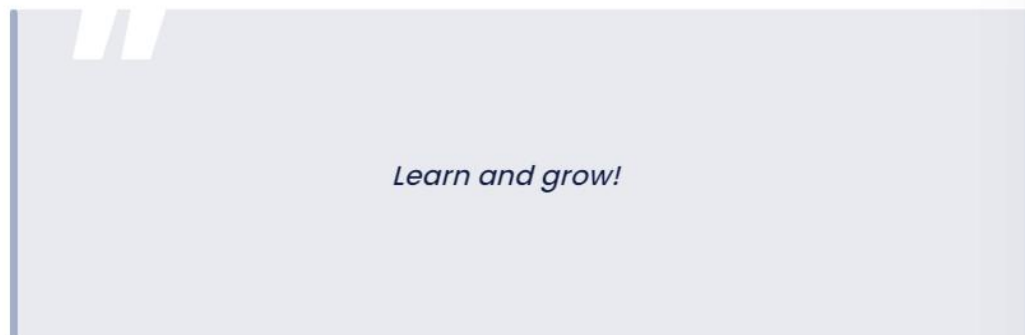
<https://www.facebook.com/poteevents/>



# Individual Coaching



## Coaching at the UP MS



# Individual Coaching- Coach Team



**Csík Laura Berta:** business coaching végzettséggel, egyéni hallgatói és munkatársi coaching



**Dr. Fekete Judit Diána:** business coaching végzettséggel, egyéni hallgatói és munkatársi coaching



**Dr. Fittler András:** business coaching végzettséggel, vezetői tapasztalatokkal, executive és vezetői coaching



**Dr. Füzési Zsuzsanna:** business-, és SolutionFocus coaching végzettséggel, vezetői tapasztalatokkal, executive és vezetői coaching



**Dr. Gács Boróka:** life coaching (és egészség-coaching) végzettséggel egyéni oktatói, kutatói coaching



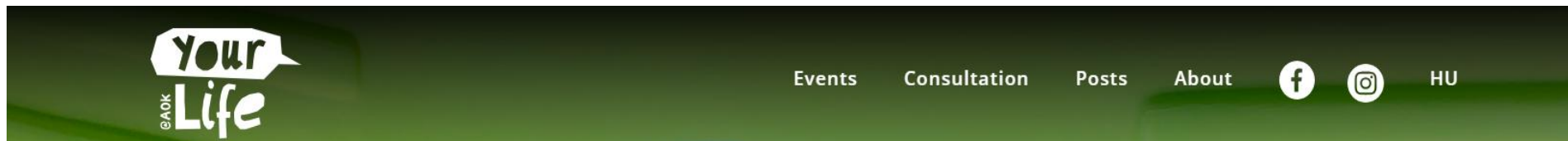
**Dr. Horváth-Sarródi Andrea:** life-coaching végzettséggel life coaching (a Your Life programon belül már futó projekt hallgatóknak és munkatársaknak)



**Dr. Varga Zsuzsanna:** business coaching végzettséggel, vezetői tapasztalatokkal, executive és vezetői coaching



# YourLife- Services



## Topics



Diet

[See more](#)



Exercise

[See more](#)



Mental health

[See more](#)



Smoking

[See more](#)

## Events



# YourLife- Consultations

## Consultations



### Nutrition Counseling

Our dietetician colleagues help you create a personalized diet. Feel free to apply in case of special diets, gastrointestinal complaints, weight loss or gain!



### Personal Physiotherapy

Following a condition assessment, our physiotherapist colleagues will help you to carry out personalized exercises.



### Life Coaching

If you feel you could be more balanced or efficient in your work or private life, or if you would like to develop in a special field, feel free to contact our colleagues!





# Mentor Program



PÉCSI TUDOMÁNYEGYETEM  
ÁLTALÁNOS ORVOSTUDOMÁNYI KAR

# Mentor Club

## Introduction

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Welcome to the Mentor Club!

By the end of reading this page you will realise that you are not alone. The Mentor Team has been established to help you while you are the citizen of the University.

## How can we help you?


- Help you with paperworks
- Contact to lecturers
- Learning techniques
- One-to-one or team tutoring
- How to spend your free time (if you have any...)
- Career advice
- Problems win you social/private life that sets you back? We can have advice during confidential meetings


**So if you feel you need a helping hand contact us**

## Contacts

@ **E-mail:**  
pteakmentorklub@gmail.com

## Social media

 Facebook

 Instagram

The Mentor Program is currently under development, temporarily not available



# Student Councils



# Student Councils (HÖK and EGSC)

- Student Informations on Social Media- continuous
- Freshman Camp- August
- White Coat Ceremony- September
- Octoberfest – October
- International Evening – March
- Motivational Speech- May
- Graduation Party- July



# Legal Aid



# UP Legal Aid Clinic

## Campus Legal Aid Clinic

Home » For Current Students » Medical Care » Campus Legal Aid Clinic

### INFORMATION ABOUT SERVICES

MEDICAL CARE

BUDDY PROGRAM

UNIVERSITY GIFTS

HOUSING

SPORT



Are you a student of The University of Pécs and

- A problem has emerged regarding your Landlord or regarding the tenancy itself?
- You would like to apply for a residence permit or your request for extension has been refused?
- You would like to start a company but do not know how to take the first steps?
- Or do you just have any type of legal question?

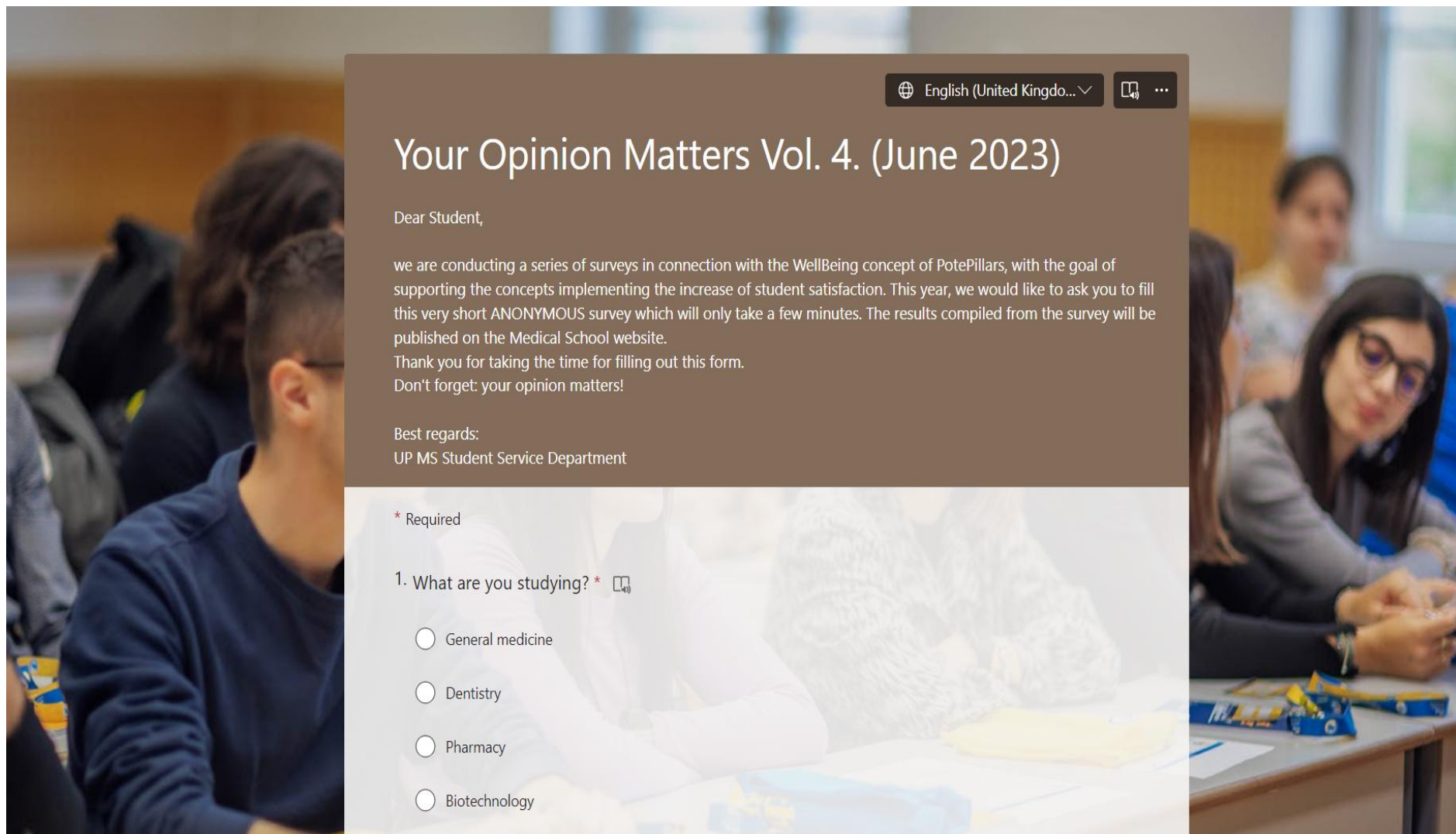
The Campus Legal Aid Clinic has set a goal to solve problems just like the above. Our organization provides a wide range of free legal help to the students of the University of Pécs, thanks to the successful cooperation of law students and experienced



# Development and Transparency



# Yearly Student Satisfaction Feedback



English (United Kingdo...)

## Your Opinion Matters Vol. 4. (June 2023)

Dear Student,

we are conducting a series of surveys in connection with the WellBeing concept of PotePillars, with the goal of supporting the concepts implementing the increase of student satisfaction. This year, we would like to ask you to fill this very short ANONYMOUS survey which will only take a few minutes. The results compiled from the survey will be published on the Medical School website.

Thank you for taking the time for filling out this form.  
Don't forget: your opinion matters!

Best regards:  
UP MS Student Service Department

\* Required

1. What are you studying? \*

- General medicine
- Dentistry
- Pharmacy
- Biotechnology



# Well-Being projects based on student feedback






13 April 2023

**The study areas of both the old and new buildings of the Pécs Medical School are made more comfortable by 250 desk lamps. The Student Service Department of the Faculty started the procurement of the lamps based on student needs and feedback. The new lamps will be distributed across areas used by medical, dentistry and biotechnology students in the next few days.**

The necessity of the lamp procurement was shown by the "Your opinion matters!" student satisfaction survey that is organised every year by the Student Service Department of the Pécs Medical School. So far, they have asked medical, dentistry and biotechnology students about their opinions about the Faculty and its infrastructure three times. The goal was using their answers



# Yearly Student Satisfaction Transparency

← → ↻ 🏠 [aok.pte.hu/en/hirek/hir/14106](https://aok.pte.hu/en/hirek/hir/14106)   

 News  Events  Photos  Videos

HOME NEWS



# Your opinion matters! – the majority of our students would recommend the Medical School in Pécs





PÉCSI TUDOMÁNYEGYETEM  
ÁLTALÁNOS ORVOSTUDOMÁNYI KAR

# Thank you for your attention!

## LEANbody



## Erasmus+

June 20, 2023