

Anatomy at Masaryk University Brno Czech Republic Brno team

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This presentation contains images and links to videos from the dissection room. Viewer discretion is advised. Due to ethical considerations, no part of this presentation may be distributed or reproduced in any form.

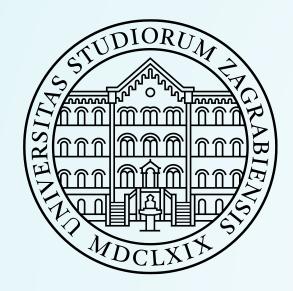






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UNIVERSITY OF CAMBRIDGE

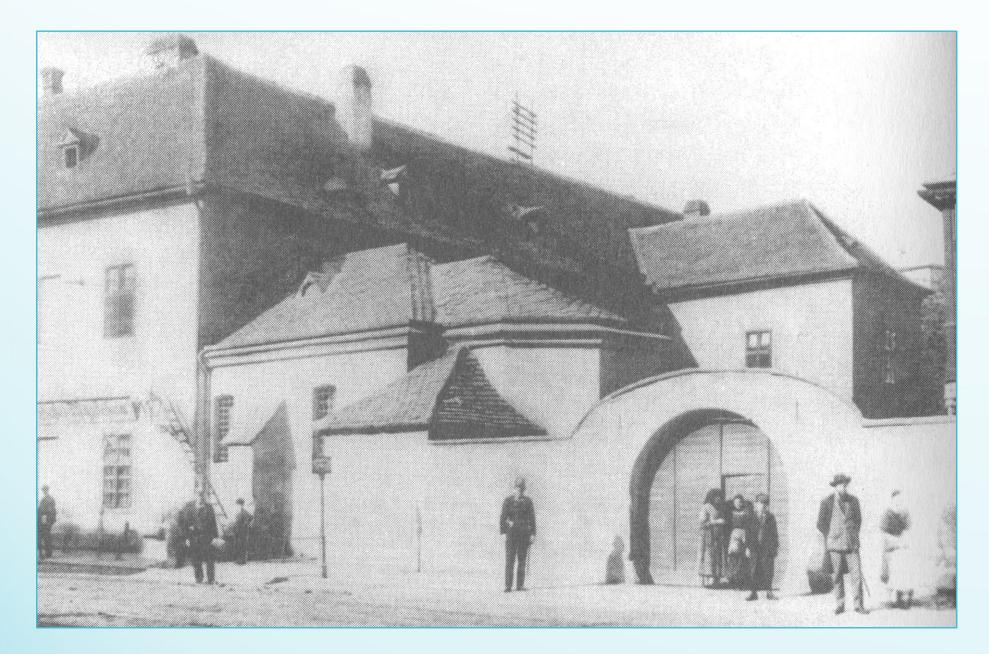






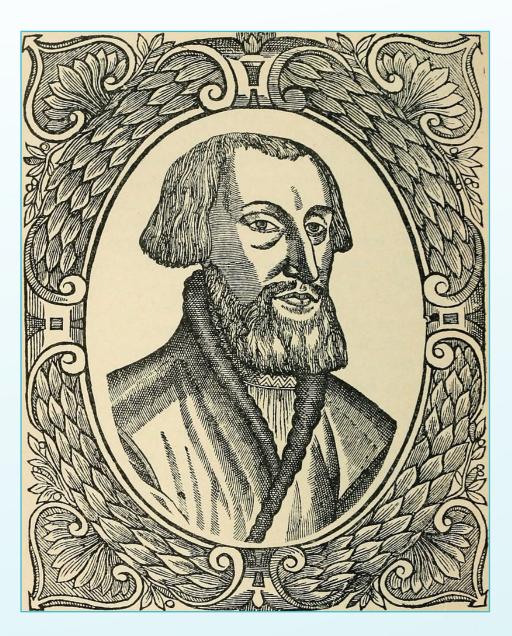
Brno – first documented anatomy dissection in the Czech lands 28.11.1594

The autopsy of the maid of Benjamin Heller's wife was performed by a graduate of the University of Basel, Simeon Grynaeus (a pupil of the prominent Danish anatomist Caspar Bauhin) in the Church of St. Stephen in Brno.



scaned from Karel Kuča: Brno - vývoj města, předměstí a připojených vesnic ISBN 80-86223-11-6

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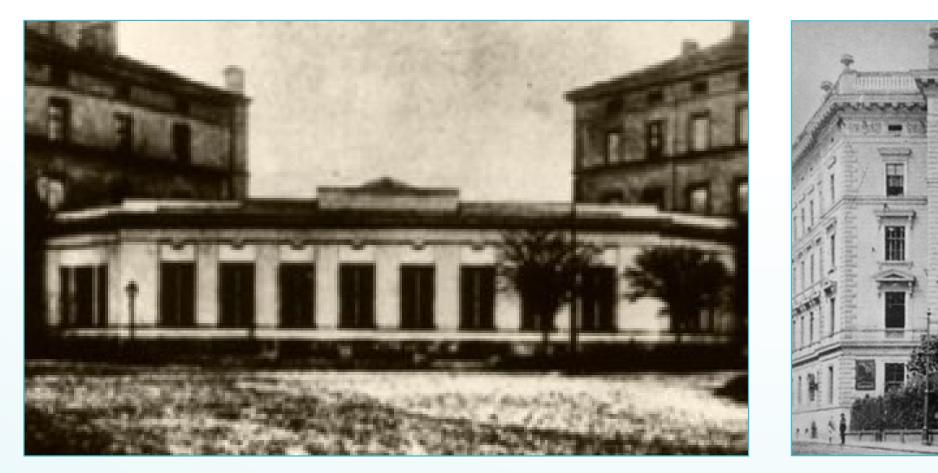




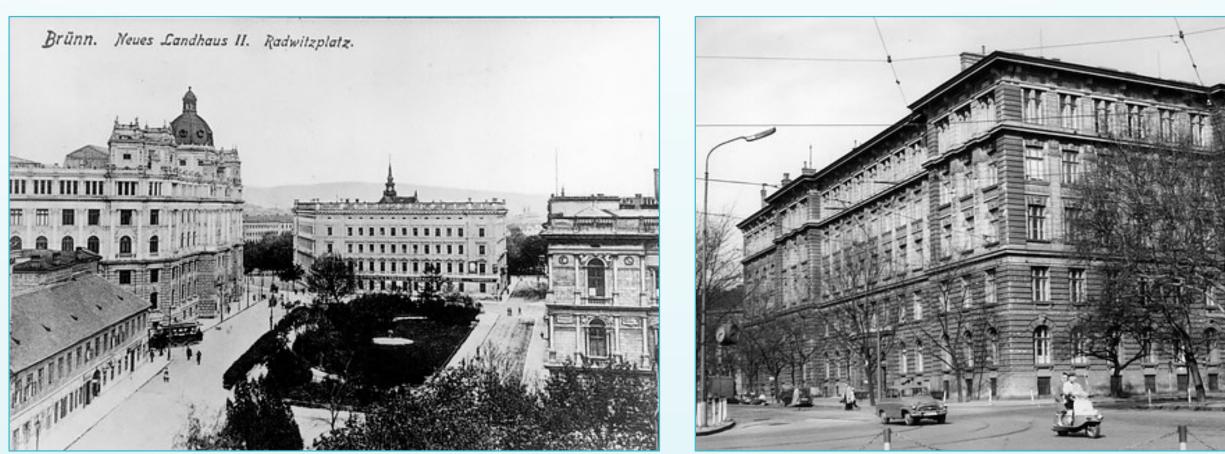


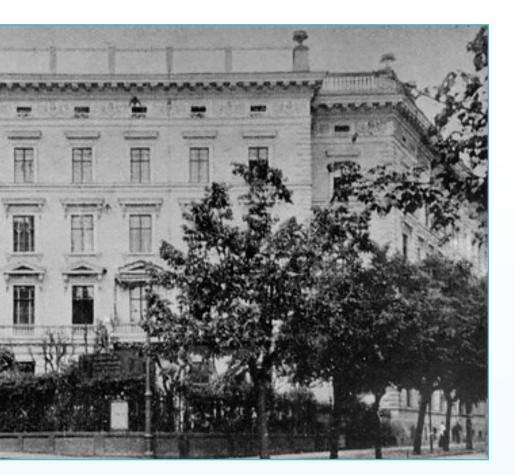
1919 – Masaryk University in BRNO

For more see: <u>https://anatomy.med.muni.cz/en/about-us/development-of-anatomy-in-brno</u>

















2001-2023



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For more see: https://www.youtube.com/watch?v=GjmYCvCJmgw





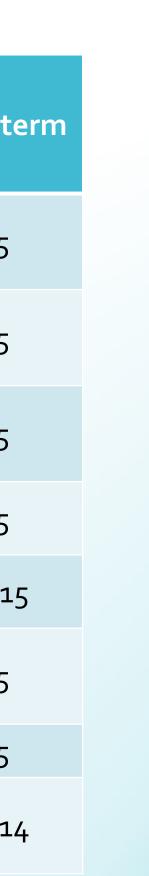


Compulsory ANATOMY subjects in undergraduate study programs

Program/number of students (22/23)	Туре	Subject (L- lecture, S - seminar, D- dissection, P- practice)	Hours/week	Total/term		Program/number of students (22/23)	Туре	Subject (L- lecture, S - seminar, D- dissection, P- practice)	Hours/week	Total/te
General medicine (Cz 435/Eng 280)	М	Anatomy I - L/S/D/P Anatomy II - L/S/D/P	3/3/1.3/0.4 3/3/2.7/0.6	45/45/20/6 45/45/40/9		Laboratory diagnostics in health care (43)	В	Bases of anatomy - L	3	45
Dentistry (Cz 61/Eng 25)	M	Anatomy I - L/S Anatomy II - L/S/D Clinical anatomy of the head and nervous tracts - L	3/3 3/3/1.7 3	45/45		Nutritional therapy (45)		Bases of anatomy - L	3	45
				45/45/25 45		Optics and Optometry (42)	В	Bases of anatomy - L	3	45
(Cz 61/Eng 25) Bioanalytical laboratory diagnostics in healthcare – Embryologist (22)		Anatomy I - L Anatomy II - L/S	3 3/0.5	45 45/8		Orthotics (55)	В	Bases of anatomy - L	3	45
						Midwifery (44)	В	Anatomy - L/S	3/1	45/15
						Radiological assistance (61)	В	Bases of anatomy -L	3	45
	ene (19) B	Anatomy - L Clinical anatomy of the head and nervous tracts - L	3 3	<i>(</i> . E		General Nursing (53)	В	Anatomy - L	3	45
Dental hygiene (19)				45 45		Emergency medical services (37)	В	Anatomy - L/S	3/1	45/14
Physiotherapy (Cz 71/Eng 2)	В	Anatomy of the locomotor system I, II - L/S Bases of anatomy - L	2/2,2/2 3	30, 30 45		M – master, B- bachelor				



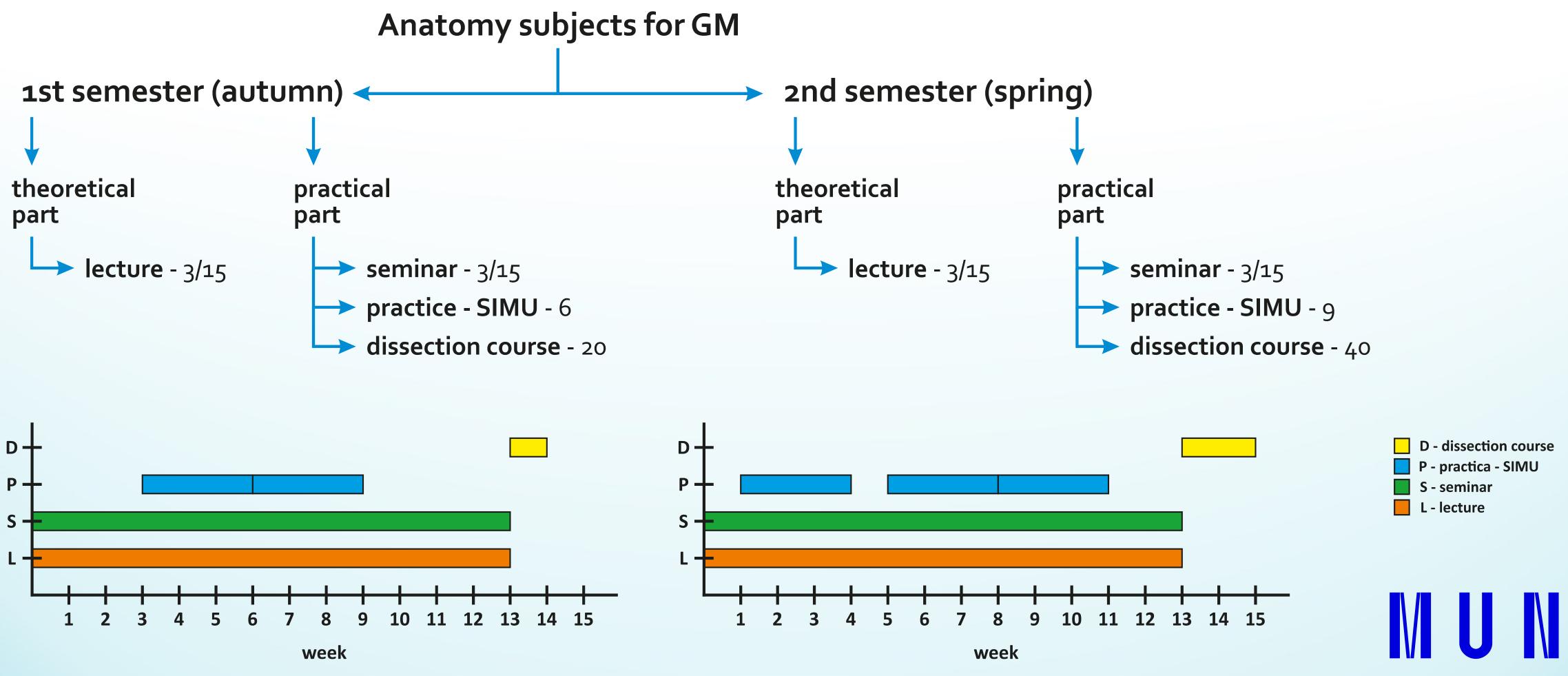








Organisation of Anatomy teaching in GM program

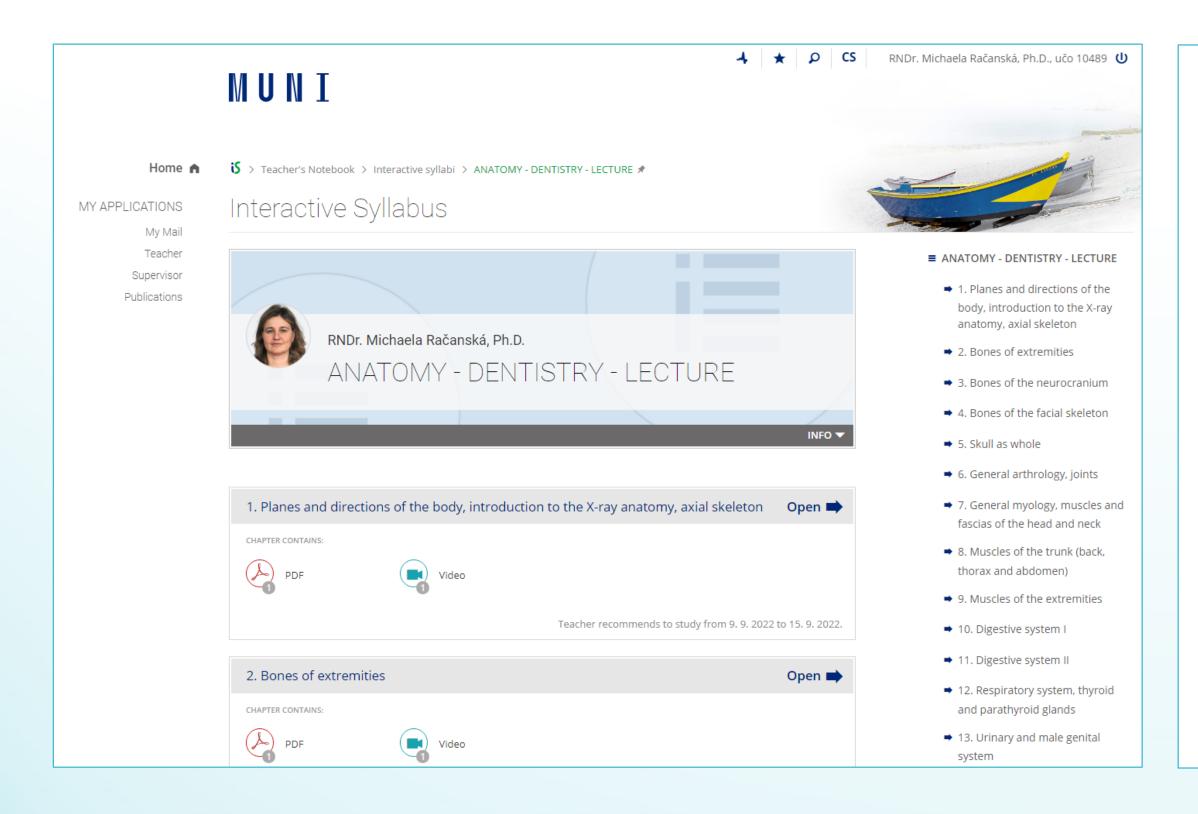






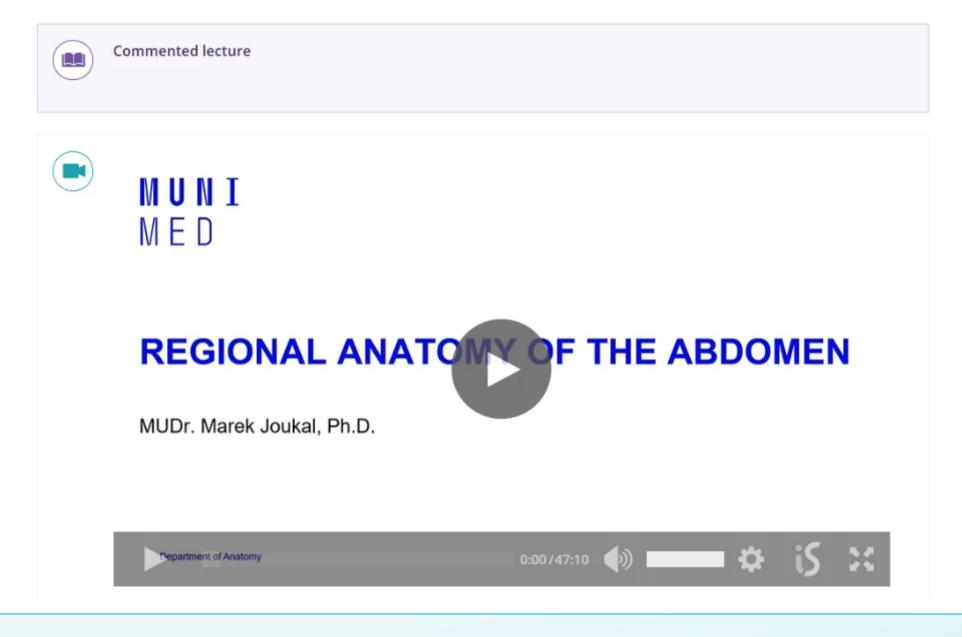


Anatomy – lectures – 3 hours/week





13. Autonomic nervous system (ANS), regional anatomy of the chest, abdomen and pelvis



For more see: <u>https://youtu.be/-kA4BUYhooM</u>

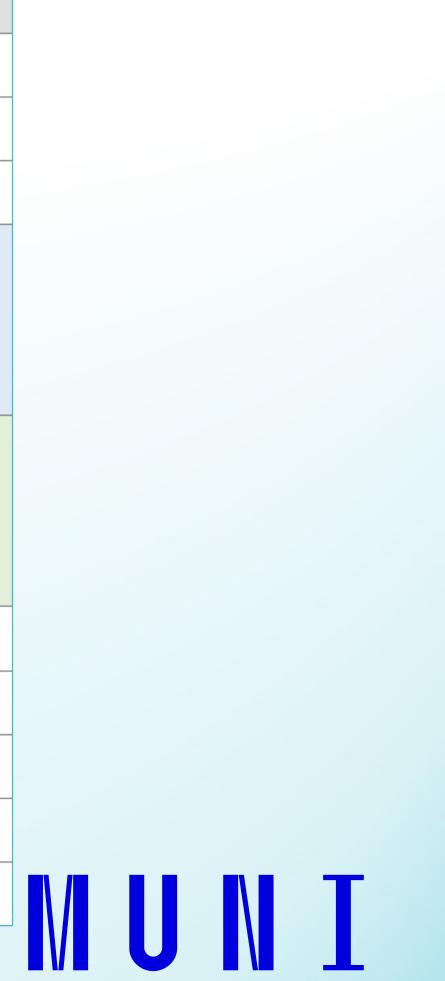




Organisation of Anatomy I in GM programme

	LECTURES	SEMINARS		
1.	Introduction to the Anatomy (nomenclature, planes and directions on the body), skeleton of the upper extremity	Planes and directions on the body, skeleton of the upper extremity		
2.	General arthrology, Joints of the upper extremity	General arthrology, Joints of the upper extremity		
3.	Muscles of the upper extremity	Muscles of the upper extremity		
4.	Vessels, nerves and lymph of the upper extremity Vessels, nerves and lymph of the upper extremity			
5.	Bones and joints of the lower extremity	Bones and joints of the lower extremity	SIMU1 (topo UL)	
6.	Muscles of the lower extremity	Muscles of the lower extremity		
7.	Vessels, nerves and lymph of the lower extremity	Vessels, nerves and lymph of the lower extremity		
8.	Axial skeleton and connections of the spine and thorax	Axial skeleton and connections of the spine and thorax	SIMU 2 (topo LL)	
9.	Muscles and nerves of the back, neck, thorax and abdomen	Muscles and nerves of the back, neck, thorax and abdomen	<u> </u>	
10.	Skull – bones of the neurocranium	Skull – bones of the neurocranium	TEST 1 (UL, LL)	
11.	Skull – bones of facial skeleton	Skull – bones of the facial skeleton		
12.	Skull as a whole	Skull as a whole		
13.	Connections of the head, craniovertebral connections, muscles of the head	Connections of the head, craniovertebral connections, muscles of the head		
14.	Dissection week (dissection of th	e back, upper and lower extremity)		







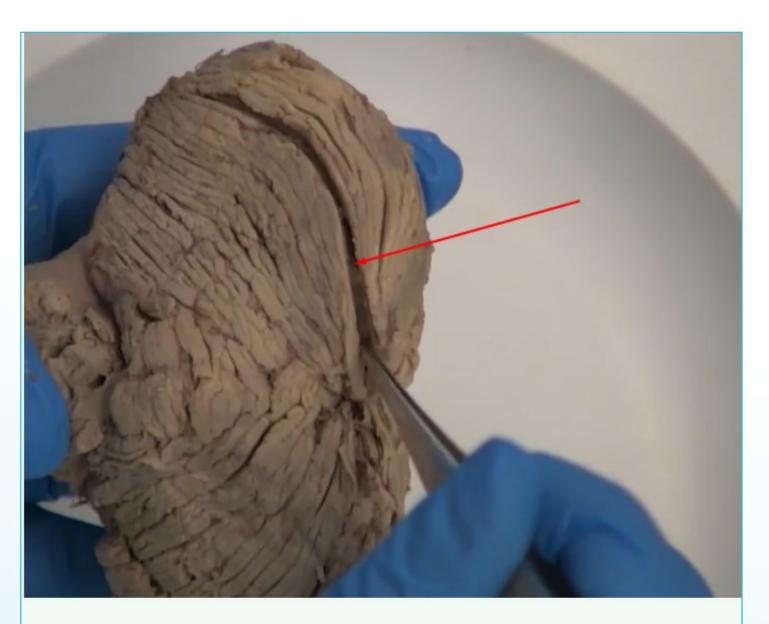
Organisation of Anatomy II in GM programme

	LECTURES	SEMINARS			
1.	Digestive system	Digestive system			
2.	Respiratory system, Heart	Respiratory system, Heart			
3.	Overview of the arteries and veins, Lymphatic system	Overview of the arteries and veins, Lymphatic system	SIMU 3 (regional anatomy of		
4.	Male genital system, Urinary system	Male genital system, Urinary system	the neck and chest)		
5.	Female genital system, pelvic floor	Female genital system, pelvic floor	TEST 2 (locomot. + splan.)		
6.	Introduction to the nervous system, Spinal cord – gross anatomy and structure, spinal nerveIntroduction to the nervous system, Spinal cord – gross anatomy and structure, spinal nerveGross anatomy and structure of the brainstemGross anatomy and structure of the brainstem		SIMU4		
7.	Gross anatomy and structure of the brainstem	Gross anatomy and structure of the brainstem	(<u>regional</u> anatomy of the abdomen and		
8.	Gross anatomy and structure of the cerebellum and diencephalon	Gross anatomy and structure of the cerebellum and diencephalon	pelvis)		
9.	Gross anatomy and structure of the telencephalon Ventricles, meninges and blood supply of the CNS	Gross anatomy and structure of the telencephalon Ventricles, meninges and blood supply of the CNS			
10.	Cranial nerves (CN V, VII, IX, X, XI, XII)	Cranial nerves (CN V, VII, IX, X, XI, XII)	SIMU 5 (regional anatomy o		
11.	Visual and auditory systems, cranial nerves III, IV, VI, VIII	Visual and auditory systems, cranial nerves III, IV, VI, VIII	the head)		
12.	Neural pathways; regional anatomy of the head and neck	Neural pathways; regional anatomy of the head and neck			
13	Autonomic nervous system (ANS), regional anatomy of the chest, abdomen and pelvis	Autonomic nervous system (ANS), regional anatomy of the chest, abdomen and pelvis	TEST 3 (locomot., splan., NS)		
14. a 15.	Dissection (dissection of the head, neo	ck, ventral side of the trunk and pelvis)	Practical exam		









What is the structure labelled with the arrow?

- flocculonodular fissure (fissura flocculonodularis)
- ✓ *primary fissure (fissura prima)
- posterolateral fissure (fissura posterolateralis)
- anterior fissure (fissura anterior)
- posterior fissure (fissura posterior)

ROPOT

- Prior to each seminar
- Need to get 5 points (everything has to be correct)

Anatomy – seminar – 3 hours/week





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For more see: https://youtu.be/qX_3Hr4lryY

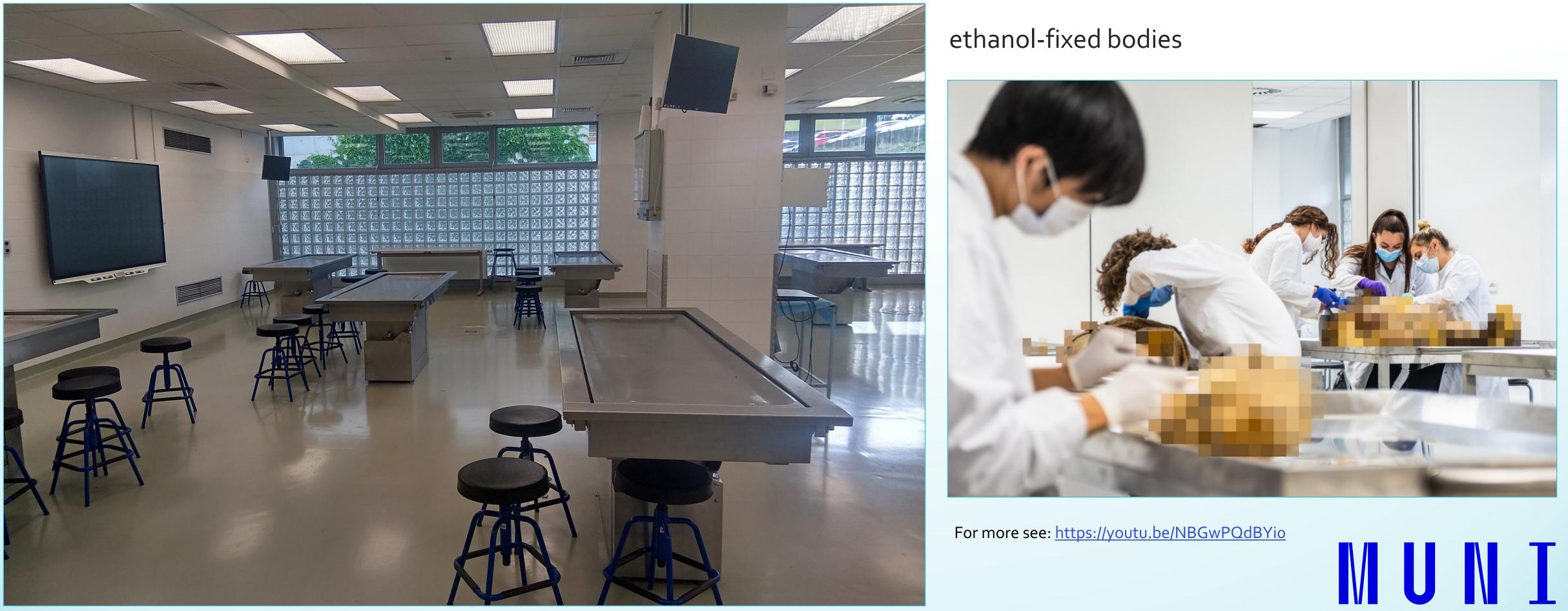








Anatomy – dissection – 3 weeks – 60 hours







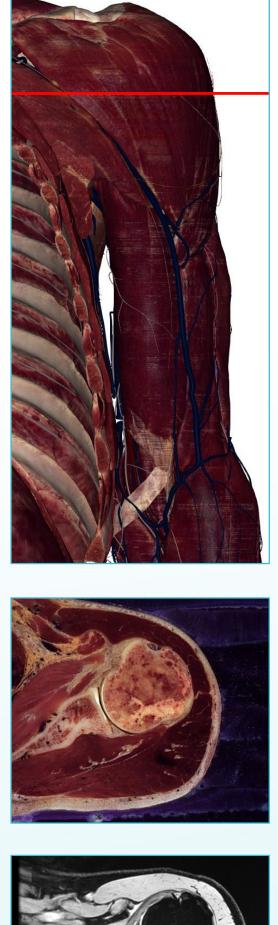
Anatomy – practice – 15 hours

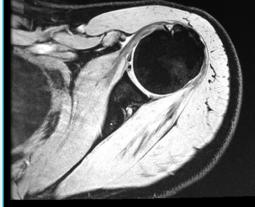
MUNI $M \in D$

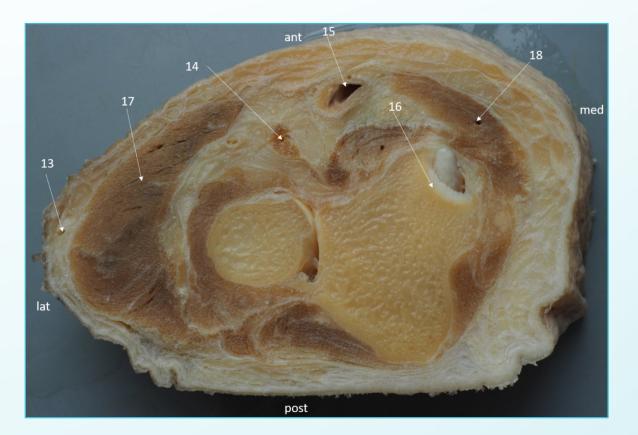
SIMU practice - materials

For more see: <u>https://youtu.be/amWtpKMq8gM</u>

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Anatomy final exam

3 USMLE-type tests (multiple choice questions)

Practical exam:

- 1) regional anatomy of the UL, LL and back (need to get a minimum score 6 out of 10 asked structures)
- 2) regional anatomy of the head, neck, thorax, abdomen and pelvis

Oral exam: 9 questions + 2 scans (X-ray, CT or MRI); all are available to students on the IS

<u>4 main TOPICS:</u>

- A. locomotor system 3 questions (bones, joints, muscles)
- **B.** splanchnology 3 questions (blood vessels and lymph, digestive and respiratory system, heart and urogenital)
- **C. nervous system** 2 questions (CNS + senses, PNS)
- **D. regional anatomy** 1 question from regional anatomy

+ imaging anatomy - short question (materials are available in the study materials on the IS, SIMU, lectures and seminars).









3 control tests based on USMLE principles

For each test students can get o – 3 points based on the division of the students into 4 categories

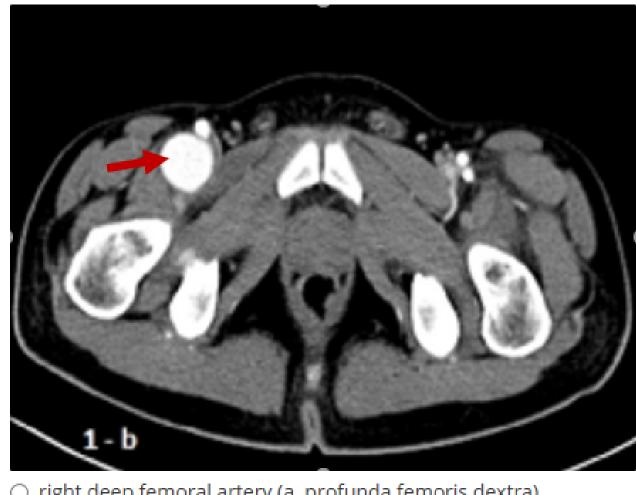
To have the opportunity to pass anatomy without the requirement of the oral exam following conditions must be met:

- Minimum of 6 points and at the same time no test with o points
- dissection test 1 graded A to C

Dissection test 2 contains detailmore oriented theoretical concerning questions especially nervous system

Final mark based on the results of Dissection test 1, Dissection test 2 and tests 1-3.

A 45-year-old male is brought to the emergency department of University Hospital Brno with a gunshot wound to the right lower extremity. CT image demonstrated contrast outpouching with a clear border (pseudoaneurysm – indicated with the red arrow on the CT image below) at the place of its origin. What is the name of the vessel where this outpouching is located?



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right deep femoral artery (a. profunda femoris dextra)

O left lateral circumflex artery of the left deep femoral artery (a. circumflexa lateralis arteriae profundae femoris sinistrae)

right inferior epigastric artery (a. epigastrica inferior dextra)

right superficial circumflex iliac artery (a. circumflexa superficialis dextra)









Answers on the given project questions/topics







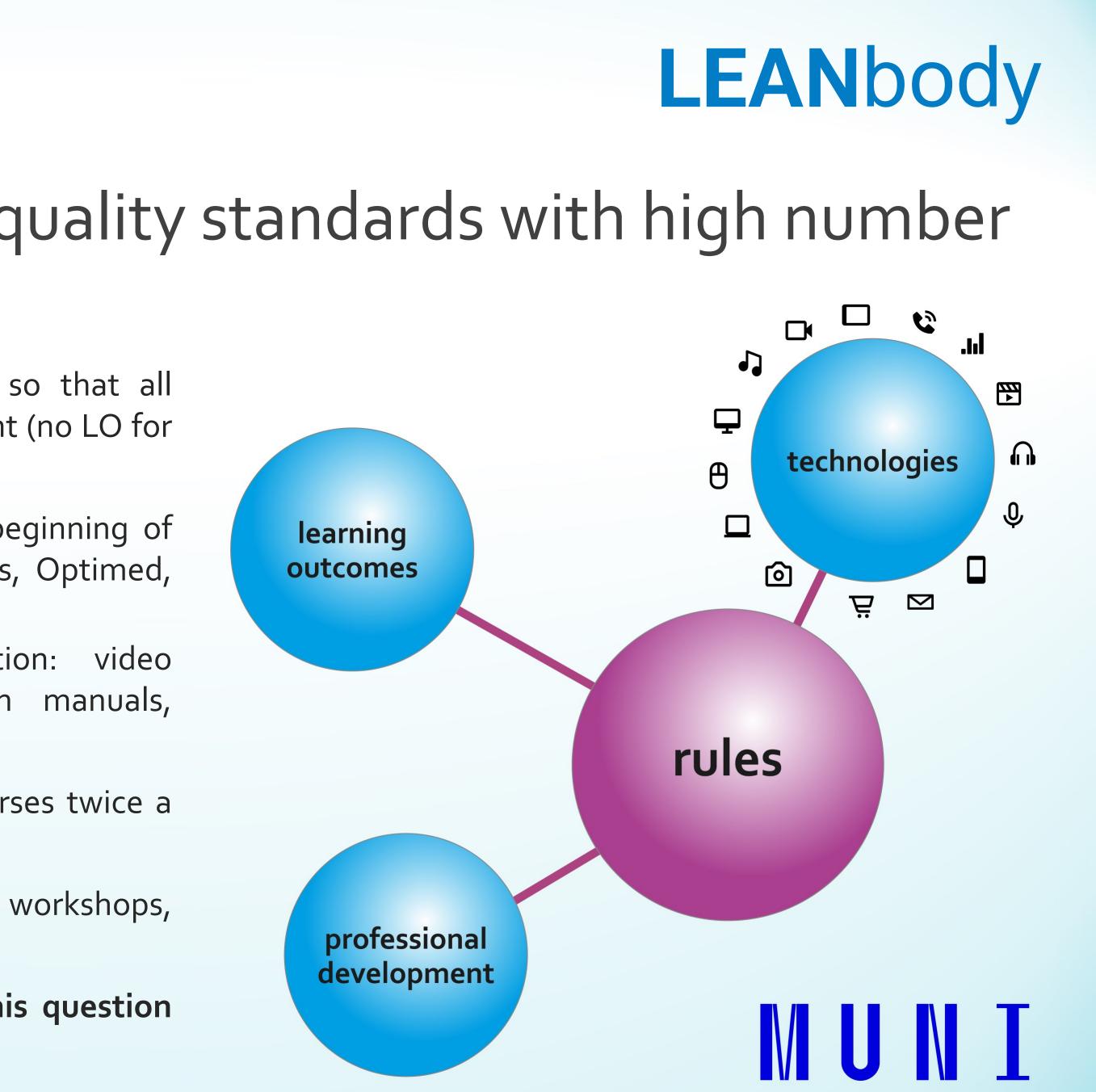


Topic 1: How to keep up global quality standards with high number of students

- 1. Clear learning outcomes for each course or program, so that all students are held to the same high standards of achievement (no LO for separate lectures/seminars/practices/dissections)
- 2. Study materials are available to the students from the beginning of their study: question sets for the final oral exam, syllabus, Optimed, terminology (TA2-https://ta2viewer.openanatomy.org/)

ahead of the lecture/seminar/dissection: video + available demonstrations, commented lectures, video dissection manuals, protocols and images for practices

- 3. We regularly collect student feedback on each of the courses twice a year
- 4. Professional development opportunities for lecturers: workshops, conferences, and online courses
- 5. Part of the LEANbody project to find the answer to this question (high number of students)

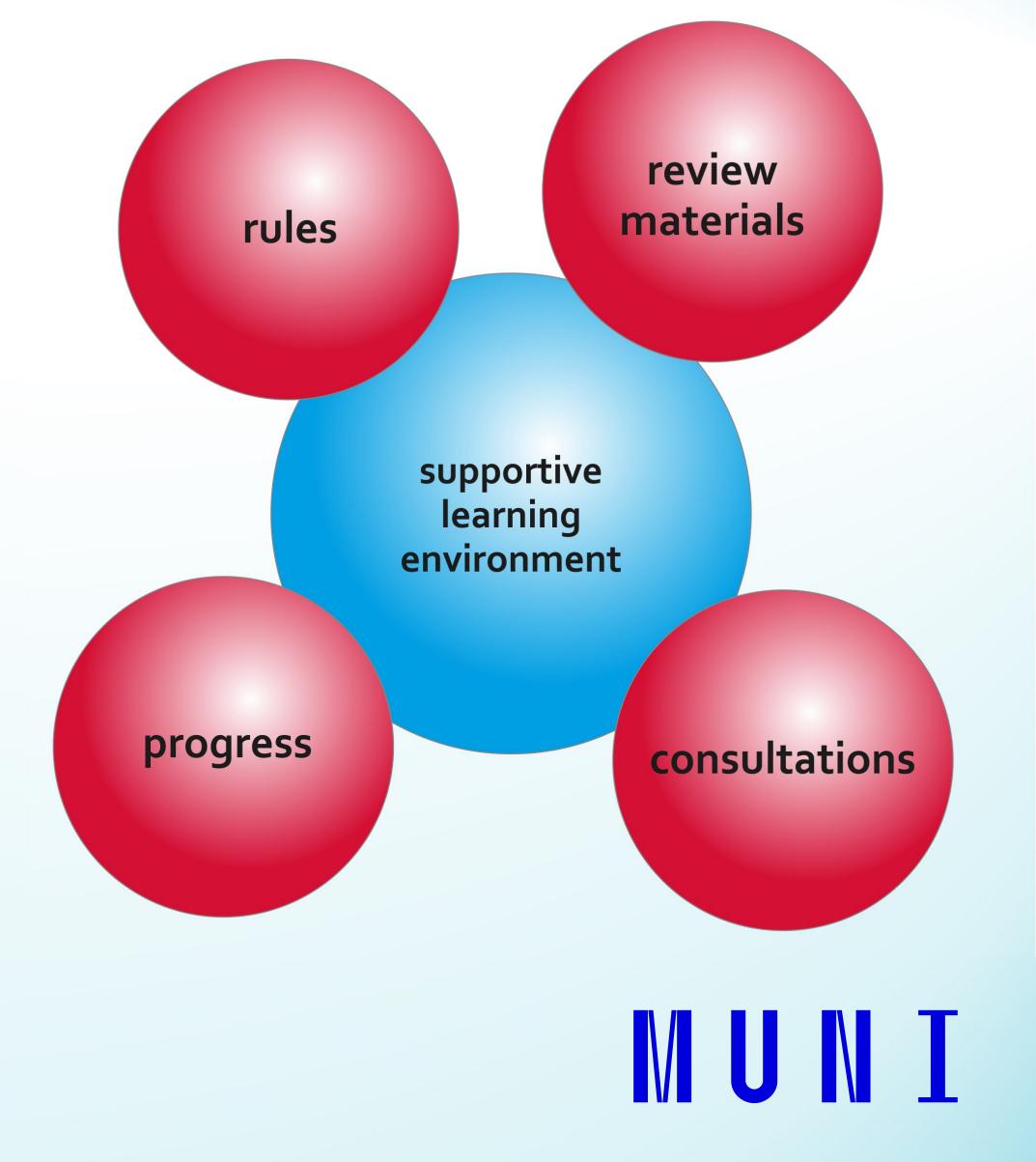




Topic 2: How to manage dropout rates

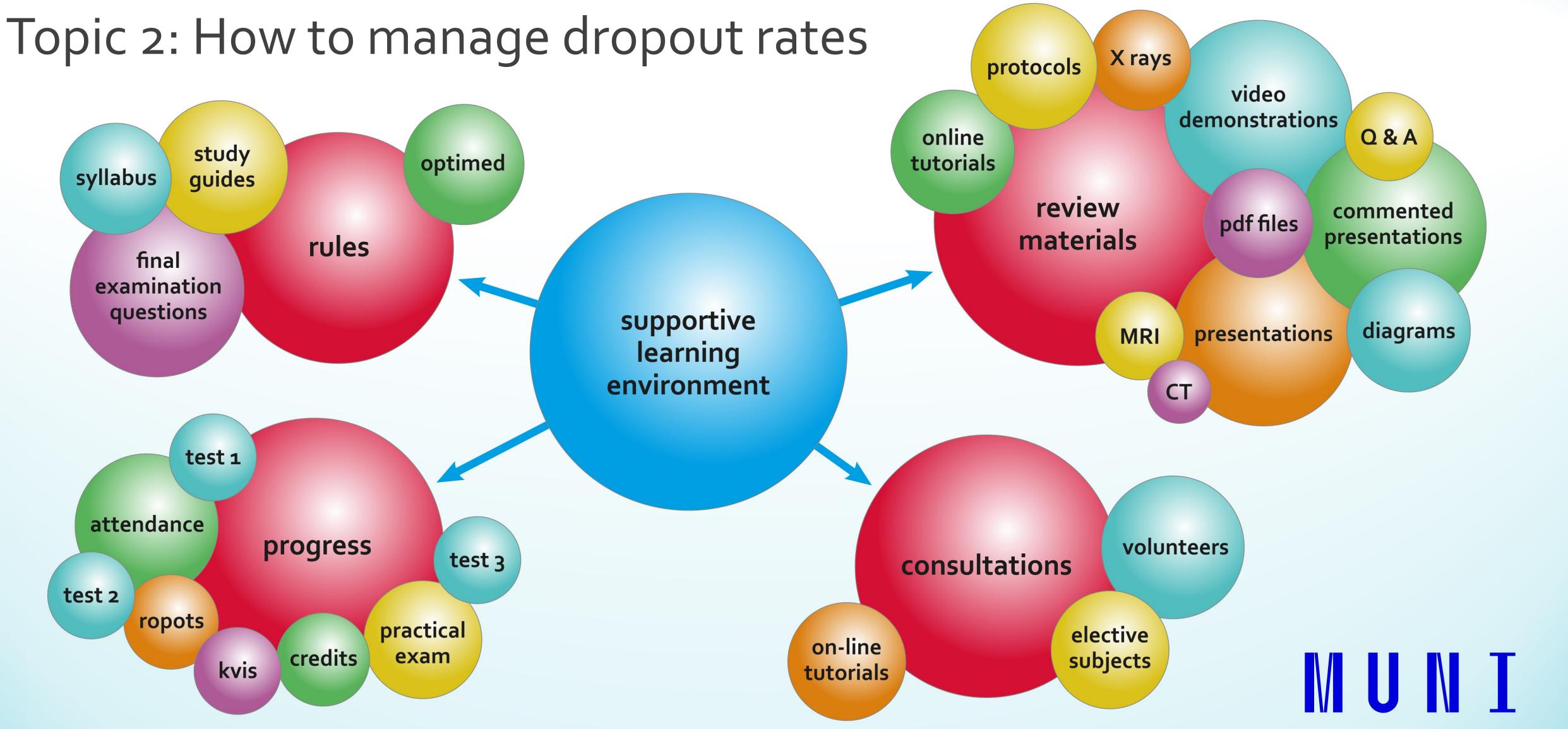
Dropout rates during exams is a challenging issue to manage:

- **1.** Given rules: clear and detailed syllabus, study guide, review materials, guide on how the exam will be structured and graded, commented presentations, list of terms (Optimed)
- 2. We try to provide **supportive learning environment**: they can ask questions throughout seminars and lectures, there are many supporting mechanism available during the course – student volunteers, extra lectures, consultations
- 3. Summative written exams throughout the year (3 USMLE tests), weekly formative exams (ROPOT, KvIS), and student-lead study groups, additional resources such as online tutorials
- 4. Monitor student progress: throughout the semester, and intervene early if we notice signs that a student may be struggling (no formal requirement of the teachers, done individually)
- 5. Additional anatomy elective subjects: instant anatomy, human anatomy of locomotor system, human anatomy of visceral organs, nervous system







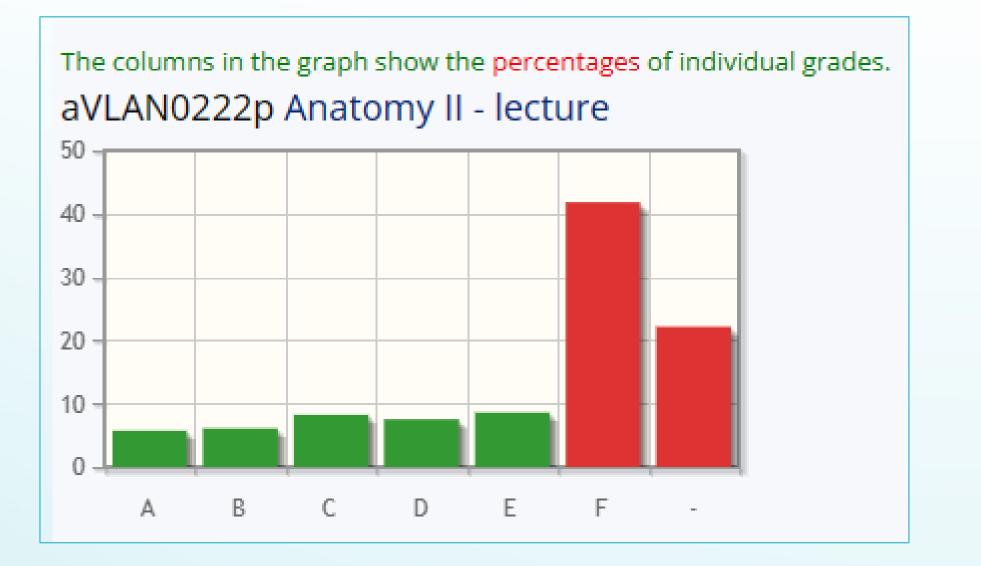


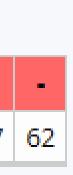




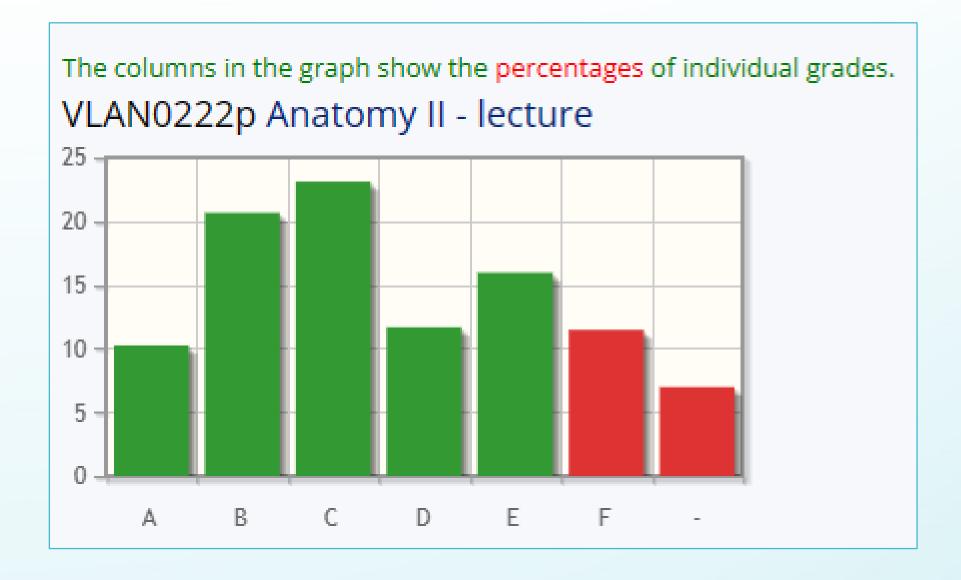
Drop out rates – spring 2021 – general medicine

Grades									
Course	Total Number of Students	Completed	Average	A	в	с	D	E	F
aVLAN0222p	280	46 %	3.12	16	17	23	21	24	117

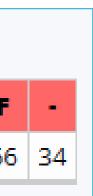




Grades									
Course	Total Number of Students	Completed	Average	A	в	с	D	E	F
/LAN0222p	489	87 %	2.26	50	101	113	57	78	56











Topic 3: How to manage professional attitude development of students while taking anatomy

- **1.** Respect and appreciation towards the donors, strict rules and highlighting of the codes of conduct during the dissection and seminars (whenever they work with human tissue material) (no pictures, no video recording) that build strong ethical background from the very first semester of their study, yearly **Act of Remembrance** ("Pieta")
- 2. Teamwork mixed international groups, students from different cultural/social/educational backgrounds
- 3. Self-discipline and time management skills (vast amount of information to process and learn in a relatively short time)
- 4. Dexterity and handling of tools important for surgical training (dissection)
- **communication** skills (terminology, English!, Oral communication in teams/peer-to-peer, towards the teacher during the seminar and final oral exam)

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BENEFIT CONCERT to help build the Memorial for Body Donors











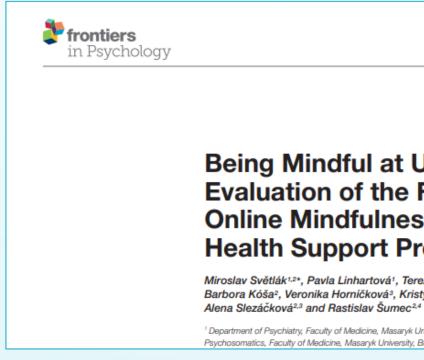
Topic 4: How to manage mental health

Essentials of Mental Health and Effective Studying Support for Medical **Faculty Students (elective subject)**

The main aim of the course is to introduce students to the scientific essentials of health psychology and its practical application for mental health and effective study support. Students are presented in the science of mental health support, stress management, and effective learning strategies. At the end of the course, students should be able to understand not only the relationships among stress, mental health, and well-being but also understand the importance of the mindset and to its influence on the memory and learning processes. Students have a repertoire of essential knowledge and skills on how to deal with stress during the examination and how to prepare for it.

Online Mindfulness-Based Mental Health Support Program for Students

M. Světlák et al., "Being Mindful at University: A Pilot **Evaluation of the Feasibility of an Online Mindfulness-**Based Mental Health Support Program for Students", Frontiers in Psychology, roč. 11, 2021, [Online].



Available from: https://www.frontiersin.org/articles/10.3389/fpsyg.2020.581086

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ublished: 11 January 202).3389/fpsyg.2020.581086

Chack for updates

Being Mindful at University: A Pilot Evaluation of the Feasibility of an **Online Mindfulness-Based Mental Health Support Program for Students**

Miroslav Světlák^{1,2*}, Pavla Linhartová¹, Terezia Knejzlíková^{1,2}, Jakub Knejzlík², Barbora Kóša², Veronika Horníčková³, Kristýna Jarolínová³, Klaudia Lučanská³,

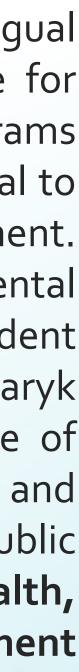
¹ Department of Psychiatry, Faculty of Medicine, Masaryk University, Brno, Czechia, ² Department of Psychology and Psychosomatics, Faculty of Medicine, Masaryk University, Brno, Czechia, ³ Department of Psychology, Faculty of Arts,

> MUNI Self Care Hub

The MUNI Selfcare Hub will become a bilingual portal of targeted support and assistance for students of Czech and English study programs of the Faculty of Medicine with the potential to expand into the entire university environment. The vision of supporting students' mental health is based on the initiative of the Student Chamber of the Faculty of Medicine of Masaryk University with the professional guarantee of the Institute of Medical Psychology and Psychosomatics and the Institute of Public Health. The content focuses on mental health, proper eating and appropriate movement habits during the study.











MUNI – 2015-2030

Sustainable **Development Goals** (SDGs)

Masaryk University perceives its responsibility to use its potential to contribute to the implementation of the UNITED NATIONS Sustainable Development Goals (SDGs).

Sustainably focused research, education, and awarenessraising within academia and society as a whole are critical factors in integrating relevant principles into all societal processes on the road to a sustainable future.

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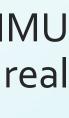
Erasmus+

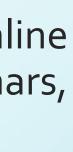
Topic 5: How do you interpret and manage learner-centered pedagogy in your own tradition

2020 big transformation from teacher- centered pedagogy to **student-centered pedagogy**

- > Small group discussion and peer instruction (also called "Think-Pair-Share") (seminars with student volunteers)
- > Hand-held electronic devices allow students to anonymously vote on answers to multiple choice questions in real time (KvIS, Socrative, Kahoot)
- Tutorial worksheets (SIMU)
- 1) **Personalisation:** online study materials students can go through according to their needs
- 2) Active learning: hands-on activities and projects that allow them to apply their learning in real-world situations dissection, SIMU practices – MRI/CT, plastinated models, ANATOMAGE; tests based on the USMLE principles (anatomy questions related to real cases)
- 3) Collaboration: students work together and learn from one another seminars, dissection work in groups
- 4) Student choice: choices in what they learn, how they learn, and how they demonstrate their understanding availability of online and offline study materials, no summative penalisation if the students are not prepared in the practice/seminars, possibility to pass via oral exam or via practical exam + tests based on USMLE principles











> Facilities – high quality, high standards Study programme - very traditional ➢Self-learning >Student support, dedication to explaining >Sense of independence ► Motivation to work hard and build up ➢ Socialisation, to make good friends and connections

Paul Peter, UK

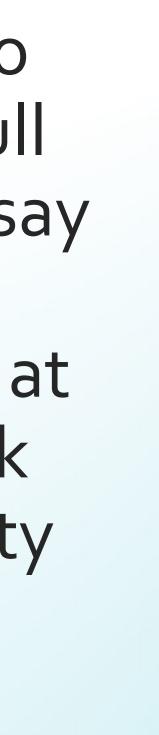
https://www.youtube.com/watch?v=F1ACoGxdbL4

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What do succesfull students say about studying at Masaryk University











Thank you for your attention!





Karolinska Institutet



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UNIVERSITY OF CAMBRIDGE





